FINANCIAL WELLNESS CHECKUP |

WHERE ARE YOU IN THE PROCESS?



New Parent Checklist Intro:

Becoming a parent can be the most exciting and rewarding time of your life. With the joy of parenthood can also be accompanied by a new outlook, often taking a deeper dive into your finances. The joy of new parenthood can also be a stressful time. How will this impact our household finances? Should we send our child to daycare? Does it make sense to reduce or eliminate work to raise a child? These are just a few questions asked right away. Throughout the child's life until they can be independent, there will be questions about how they will impact the household finances.

This checklist is designed to quickly assist you in identifying what you have done to prepare for this major life change as well as areas that may need some work. As you complete the checklist, mark **COMPLETED** when you are confident in your strategy or a task has been completed. You would select **WORKING ON**, when you have something in place, but a review would be beneficial. The final option is **NOT APPLICABLE**, that would be your selection if you have not made an action or the scenario does not apply.

Please take some time to review the questions in the checklist, it may be helpful to complete with a spouse or family member. Once complete, please return this checklist to a HB Retirement Financial Advisor or our support team at clientservices@hbretirement.com.



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The New Parent Checklist:

ı.	Budget/ Cash-flow/ savings strategy			
Do	you follow a budget?	Completed 🖵	Working On 🖵	NA 🗆
Di	d you analyze the cost of daycare vs a spouse potentially not working?	Completed \Box	Working On 🖵	NA 🗆
Do	pes your work offer a daycare reimbursement account? (FSA dependent care)	Completed \Box	Working On 🖵	NA 🗆
	d you budget for new expenses? (diapers, formula, medical bills, hospital penses, etc.)	Completed 🗆	Working On 🗖	NA 🗆
II.	Insurance review			
Do	you have health insurance and/or health savings account(s)?	Completed 🗆	Working On 🖵	NA 🗆
Lif	e Insurance? Do I have standard? Do I need to expand what I already have?	Completed 🗆	Working On 🖵	NA 🗆
Do	you have disability insurance?	Completed 🗆	Working On 🛚	NA 🗆
Do	you have umbrella liability insurance?	Completed 🗆	Working On 🖵	NA 🗆
Do	policies need updated? Which policies need acquired?	Completed 🗆	Working On 🖵	NA 🗆
III.	Financial Protection for you and your family			
Do	you have a formal will?	Completed 🗆	Working On 🗖	NA 🗆
Ar	e your beneficiaries up to date?	Completed 🖵	Working On 🖵	NA 🗆
Do	you have Powers of Attorney in place?	Completed 🗆	Working On 🗖	NA 🗆
Do	you have advanced medical directives?	Completed 🗆	Working On 🖵	NA 🗆
IV.	Formal Financial Plan			
Ar	y refinements need done to your portfolio?	Completed 🗆	Working On 🖵	NA 🗆

Completed \square Working On \square NA \square

Any changes to your long-term goals?

Do you plan on establishing a 529 plan? For more information, please visit www.savingforcollege.com .	Completed 🗆	Working On 🖵	NA 🗆
Is there a need for a family gifting strategy?	Completed 🗆	Working On 🖵	NA 🗆
What would you like to work on first?			
Notes:			
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